Leadership in your Life Activity

**Part 1: Leadership Quotes**

1. On the hall outside the classroom are several quotes relevant to leadership. Which one resonates the most with you? Why?
2. Do you disagree with or dislike any of the quotes? If so, then why?

[After you read through all the quotes and answer these questions, come back to the classroom and we will discuss our favorites]

**Part 2: Leadership Traits**

1. Think of someone you know (or have known) that you would consider to be a good leader. Share a story about why you consider this person to be a good leader:
2. What traits does this person have that make them a good leader?
3. Which of these traits do you think you have? Which would you like to improve on?

[After completing part 2, we will come back together as a group and share our leader examples with each other]

1. Of the examples of leaders you heard in the group, who best exemplifies the leadership traits you value most?

**Part 3: Is your Leadership Behavior out of Sync?**

1. Whether large or small, everyone is a leader in some capacity in their life. Thinking of the past month(ish), what is an example of a time you acted as a leader?
2. Fill in the chart below with the amount of time you do (and would like to) spend on various behaviors related to leadership. To complete this, don’t just think of times which you have an official leadership title, but anytime that you are acting in a way which leads to responses in behavior of others (in other words, all the time).

|  |  |  |
| --- | --- | --- |
| Behavior | Percentage of time spent on each behavior | Ideally the percentage of time you would devote to each behavior |
| Informing |  |  |
| Directing |  |  |
| Clarifying or Justifying |  |  |
| Persuading |  |  |
| Collaborating |  |  |
| Brainstorming or envisioning |  |  |
| Reflecting (Quiet time for thinking) |  |  |
| Observing |  |  |
| Disciplining |  |  |
| Resolving interpersonal conflicts |  |  |
| Praising and/or encouraging |  |  |

1. Is there a gap between how you should spend your energy and how you actually spend it?

[Before proceeding, compare percentages with others and notice how you are similar and how you are different]

1. Are there some behaviors that are taking up too much of your leadership time? Why?
2. Are there some strategies that you can employ that would move you closer to your ideal distribution of behavior?

**Part 4: Going Forward**

1. What is one action you can take in your life to become a better leader?